

## **Nathaniel Witherell Update Week of October 12, 2020**

Dear Friends and Families,

Greetings from Nathaniel Witherell. Please read on for the latest news about our TNW family.

### **Outdoor Visits**

Outdoor visits continue in the Rose Garden.

### **Therapeutic Recreation**

This week Greenwich Botanical Center Senior Outreach donated autumn themed plants for residents to enjoy in their rooms. Recreation assisted with potting the plants and delivering them to residents. Therapeutic Recreation programs this week included Baking club with Amy and Gail, trivia hour with Naimaah, exercise class with Margarita, Sing with Vin, and Music with Mike. Recreation staff continue to bring residents outdoors for fresh air in the Friendship Garden.

Halloween decorations went up this week as we prepare for our pumpkin carving and costume contest at the end of the month!

### **Package Drop Offs**

Please be advised that anyone dropping off items at TNW must adhere to the following protocols:

1. Items brought to the main entrance door or any other undesignated drop off area, will not be accepted.
2. The designated drop off area is the breezeway by the Friendship Garden (Ambulance bay by the black gate). Items must be dropped off at this location. Acceptable items include clothing and flowers in a vase or container. Bouquets without containers will not be accepted.
3. The following items will not be accepted at any area of the facility:
  - ***Food***
  - ***Beverages***
  - ***Candy***
  - ***Baked goods***

***These items will be discarded.***

4. Documents for review and/or signature, must be mailed to the specific department for which they are intended.
5. New admissions' clothing may be brought to their room to be labeled and then laundered. Any other new admission items must be delivered to the breezeway by the Friendship Garden (Ambulance bay by the black gate) to be quarantined, inspected and disinfected.

## **In Other News**

- This week the 1st floor received Halloween cards from a family that asked to remain anonymous. Our staff had the pleasure of handing these cards out and watching the residents light up with joy at receiving the personalized message and picture of the family's dogs dressed for Halloween. During these difficult times we often forget that it is the little things that can make a big impact. The residents, staff and I are extremely grateful for this family's thoughtfulness.

## **Dietary**

We are bringing birthday cupcakes or a birthday cake to our residents on their birthday celebrate and acknowledge their special day. This is especially important during a time when it can be difficult for family members to send perishable items via mail.

## **Family Council**

- TNW has a Family Council whose mission is to support resident life at TNW and connect with other family members. To become a member of the Family Council, please email Jenny Larkin at [jennylarkin001@gmail.com](mailto:jennylarkin001@gmail.com).

That is the news from Nathaniel Witherell for this week.

Stay healthy and be well,

John

John Mastronardi  
Executive Director  
Nathaniel Witherell  
70 Parsonage Road  
Greenwich, CT 06830  
[john.mastronardi@witherell.org](mailto:john.mastronardi@witherell.org)

***Thank you to the following Team members who contributed to our weekly update:***

*Nadia Benson, Deputy & Director of Nursing*

*Carissa Ronish, Therapeutic Recreation Administrator*

*Scott Neff, Executive Director, Friends of Nathaniel Witherell*

*Mary Tate, Volunteer Coordinator*

*Louise Comeau, MDS Coordinator*

*Justine Vaccaro, Director of Social Work*