THE WITHERELL TIMES

MAY 2026 VOL. 134 NO. 5

CELEBRATING EASTER IN FULL BLOOM

The NW Chaplaincy held an ecumenical church service for Easter with prayer and song. As we have a large community of Christians, this service was held in the auditorium and filled to capacity.

Our residents were given Easter baskets filled with treats. Residents also created Easter egg crafts to celebrate the holiday. Our Foods Service Chefs prepared a special Easter Sunday dinner for our residents which included country meat loaf with savory gravy, glazed carrots, whipped potatoes with roasted garlic, lemon meringue tart & vanilla pudding with fresh berries. A joyful Easter feast.

SPRING INTO CREATIVITY - CRAFTS IN FULL BLOOM

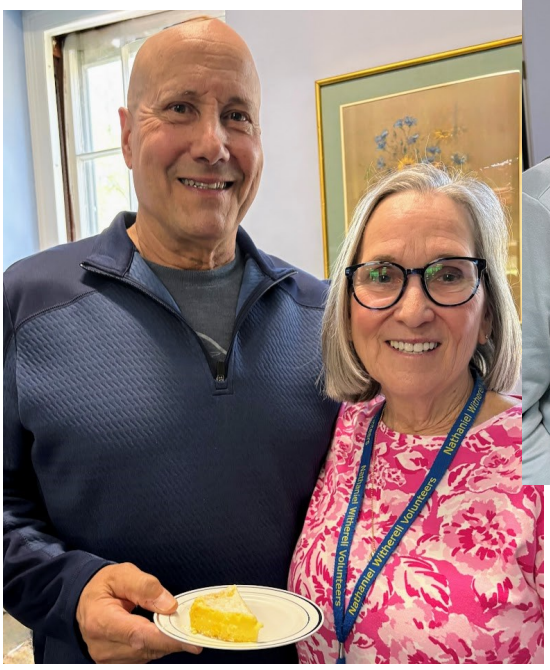
Our Recreation team provided residents with a chance to express the joys of Spring in craft projects. Each work of art was a testament to the optimism that Spring brings.

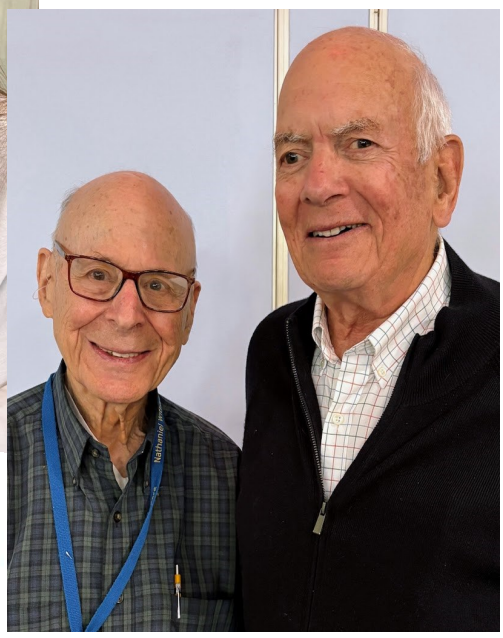
HARPIST WITH STRINGS OF TALENT

NW residents were treated to a unique harp concert that captivated our audience here. Sixteen year old Noelle Yoo, a local high student, has been playing the harp since she was eight years old. On a harp there are 47 strings each producing one note. The string length from short to long, corresponds to a high or low pitch. Noelle gave us a remarkable performance of beautiful classical music and left us all thinking one thing: this young harpist strikes chords beyond her years and will soon be taking on a bigger stage!

CHEERS TO OUR VOLUNTEERS

April was Volunteer Appreciation month and a great opportunity for us to recognize and celebrate the impact that our volunteers make here. At our annual Volunteer luncheon, the NW Chefs created a delicious hot buffet & serious desserts. Appreciation gifts were given to all volunteers. We can't thank our volunteers enough for all they do for our residents, families and staff.





ARTIST OF THE MONTH

Artist Patty Fisher's inspiration to explore her creative side came from her grandmother. She studied oil painting at The Silvermine School of Art creating impressionistic landscape. Patty's land-scapes explore light & color, encouraging viewers to feel as though they can step into the scene. She is a member of the Greenwich Art Society & Fairfield County Plein Air Association.

FOREVER IN OUR HEARTS

The NW Chaplaincy team recently held our bi-annual Memorial service to honor those residents who passed away within the last six months. Held in our Chapel, families joined in remembrance and celebration of their loved one, along with NW staff who cared for these residents.

A CUT ABOVE - CELEBRATING OUR HAIR SALON TEAM

The end of April celebrated National Hair Stylist day and our team here (Anna and Joanne) not only make you look good but also make you feel good. Both talented Stylists have worked here for over 15 years. They go beyond the job of washing, cutting, drying and styling hair. For Anna and Joanne it's all about friendships with our residents. They style with love and care - it's definitely called "Beauty Therapy" for a reason!

HONORING PASSOVER TRADITIONS

For our Jewish residents and patients who are here at Nathaniel Witherell, Passover is a major Jewish holiday always held in the Spring. Our thanks to volunteer Barbara (pictured here) from Greenwich Jewish Family Services who was on site celebrating this religious holiday with our Jewish residents and patients. "Toda Raba" is thank you in Hebrew.

YOUNG TALENT: BROADWAY COMES ALIVE

Through music and theater, The Open Arts Alliance (located here in Greenwich) gave us a memorable show filled with Broadway songs and dance. Our concert included performers ages 10 thru16 years old, singing favorite songs such as "Over The Rainbow" and "My Favorite Things". All song selections and choreography were done by the kids. Their recent Spring production was "Shrek The Musical" and last year was "The Wizard of Oz". The Open Arts Alliance empowers youth through performing arts, fostering self-expression and nurturing the next generation both on and off the stage. By the end of this show, the "Bravos" and "Encores" from our residents filled the auditorium!

THE GREAT ICE CREAM DEBATE

In anticipation of summer with visits from our favorite ice cream truck, we want to know your favorite ice cream flavors. Choose four of your favorites below. Return your selections to the Recreation team. A sweet decision!

Circle your 4 favorite flavors:

Vanilla
Strawberry

Black Cherry
Caramel Cookie Twist
Cookie Monster
Cookies and Cream
Cotton Candy
Mint Chip
Pretzel Sundae
Salty Caramel Truffle
Raspberry Truffle Swirl
Cappuccino Crunch
Chocolate
Peanut Butter
Lemon Sorbet
Raspberry Sorbet
Key Lime Pie
Blueberry Cheesecake
Lemon Bar

(Editor's Note: I found it to be a very difficult task to chose only 4 flavors)

From the Desk of: JOHN MASTRONARDI,

NW EXECUTIVE DIRECTOR

Every year, I look forward to Administrative Professional's Appreciation Day, and each year the sentiment rings truer: we are incredibly fortunate to have Linda Marini on our team. Linda's unwavering dedication keeps our operations seamless and my own office organized. Beyond her technical skills, she is a vital resource for the entire facility - the person everyone turns to when they need an answer. Having served Nathaniel Witherell for 18 years, Linda's tenacity and loyalty are the backbone of our administrative success. For every "thank you" that goes unspoken during a busy workday, please join me in formally recognizing and celebrating Linda's invaluable contributions to our community.

A reminder to all Town-paid employees: completion of the "Social Media Awareness Training" course is required. This initiative is designed to increase our collective awareness regarding professional conduct and social networking. You must complete the full course and pass the quiz at the end to certify your training. For staff members who do not have regular computer access, the Staff Development office has workstations available. Please contact Tanie in Staff Development to coordinate your training time.

We extend our deepest gratitude to the Friends of Nathaniel Witherell for their recent fundraising Gala. It was a wonderful evening, and the proceeds will be instrumental in funding critical building projects and enhancing our resident life activities.

SPRINGTIME COOKIES

Somehow Gail and Lily from our Recreation team just knew we needed to celebrate Spring with a batch of homemade cookies. We all munched on Italian ricotta cookies, that have a soft, cake-like texture and were blooming with flavor. Truly a treat of Springtime sweetness fresh from the oven.

THE MELODY MEN TAKE THE STAGE

The Melody Men is a 20-member volunteer choral group from the Retired Men's Association of Greenwich (RMA). Their repertoire of songs include pop, country, folk and Broadway show tunes. Formed in 1975, these songsters perform up to 30 shows annually within Fairfield county. They have even performed the “National Anthem” at Citi Field for New York Mets games. The Melody Men gave us timeless tunes and hit all the right notes.

CHAPLAINS CORNER

As we welcome in the month of May, we celebrate two special days that have deep impact on our Nathaniel Witherell community: Nurses Appreciation Day (May 6th) and Mother's Day (May 10th). Both days honor the tireless work of people who care for others, and both recognize that the gratitude we offer, can only be a small token of what is deserved.

In the Book of Proverbs, chapter 31, King Solomon praises the qualities of "a woman of valor", focusing on mothers & wives. The virtues that Solomon lists can also apply to nurses (both female and male), and so we offer them here for both:

"A woman/person of valor, who can find?
Her worth is far above rubies.
She rises while it is still night.
She girds herself with strength
and performs her tasks with vigor.
She gives generously to the poor.
Her hands are stretched out to those in need.
Strength and dignity are her clothes.
She opens her mouth in wisdom
and the law of kindness is on her tongue.
Give her of the fruit of her hands
and let her works praise her in the gates."

To all the nurses and mothers in our community (and a double-blessing for those who are both!), we praise you and thank you for all that you do.

With appreciation,
Jen, on behalf of the NW Chaplaincy Team

NATHANIEL WITHERELL FAMILY COUNCIL

Family members who have a loved one in a nursing home are encouraged to join a united voice called the Family Council. This group's mission is to support resident life by communicating concerns to facility administrators and work towards resolutions. Our NW Family Council welcomes and supports new family members. To join the Nathaniel Witherell Family Council, email Amy Badini at: abadini06870@gmail.com.

NW RESIDENT COUNCIL MEETINGS

The Resident Council meetings are held monthly in the auditorium and are conducted by resident Officers & a NW Staff Advisor. Meeting minutes are available to residents upon request. For any questions, contact Carissa Ronish in Recreation.

FRIENDS OF NATHANIEL WITHERELL

Friends of Nathaniel Witherell is a nonprofit that enhances the lives of Witherell residents & patients through volunteer services and charitable support for recreation programs and quality of life projects. For more information visit https://friendsofnathanielwitherell.org/ or Lisa.Harding@FriendsofNW.org.

MAY 2026 HOLIDAYS:

May 2 - Kentucky Derby

May 5 - Cinco de Mayo

May 10 - Mother's Day

May 25 - Memorial Day

The Witherell Times is published by The Nathaniel Witherell.

Editor: Mary Tate/Friends of Nathaniel Witherell

WORD SEARCH: WEATHER

BLIZZARD
CLIMATE
COLD FRONT
CYCLONE
DOWNPOUR
FLOOD
FOG
FORECAST
HEATWAVE
HUMID
HURRICANE
THERMOMETER
METEOROLOGY
MONSOON
SHOWER
SLEET
TSUNAMI
ICE
VISIBILITY
WIND CHILL
TORNADO

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S Y J R I G B N O O S N O M P P L

WORD SEARCH SOLUTION:

WEATHER

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S Y J R I G B N O O S N O M P P L